

News release

**Relate Cambridge delighted to welcome
Lucy Frazer MP for South East Cambs**

Relate Cambridge was delighted to welcome Lucy Frazer to their Centre on Friday 1 July. Lucy sits on both the Education and Skills Select Committees and has worked in many ways to improve opportunities for all children. As part of the Education Select Committee, Lucy has recently looked into how we can support children in care and is particularly interested in mental health in schools.



From left to right:

Carole Rawley, Young People's Counsellor Relate Cambridge, Julie Rackowe, Trustee Relate Cambridge, Lucy Frazer MP and Claire Nunes Centre Director Relate Cambridge

Lucy said 'young people face increasing pressures and we need to support them. It was a pleasure to meet with the team from Relate who clearly care about helping the families they assist. It was great to hear that they have recently expanded their role to help the children of parents in difficult relationships. I am delighted to be able to support their work to enable children to gain access to professional help at a very difficult juncture of their lives'.

Lucy has kindly agreed to host an event, to be held in Cambridge in the Autumn, which will be focusing on vital funding for Relate's work with children.

Claire Nunes, Centre Director for Relate Cambridge said: *'there is a massive gap in the provision of services for children in the County, and we are well placed to bridge that gap. I am delighted that Lucy supports the work we do and supports our efforts to raise much needed funding'*.

Relate Cambridge offers information, advice and counselling for all stages of your relationships, including helping families to build and maintain strong relationships. We offer support (free in some cases) to children (5-10 years) and young people (11-17 years) who are adversely affected by traumatic life circumstances, including family change or breakdown, loss or bereavement.

Any family can also come to Relate for help. It doesn't matter what their size or how they are made up. Relate Cambridge can help families understand and cope better with the stresses and strains of family life and get you all talking again. Call us on 01223 357424 or visit www.relatecambridge.org.uk for more information.

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For all media enquiries contact Elaine Taylor on **01302 347712**. For urgent out of hours enquiries call 07875 049415

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Relate Cambridge – supporting relationships at every stage of your life

Notes to editors:

- Relate is a registered charity number 207314
- Relate champions the importance of strong and healthy relationships as the basis of a thriving society.
- Relationships are under increasing pressure – breakdown costs the UK an estimated £48bn each year.
- Relate provides impartial and non-judgmental support for people of all ages, at all stages of couple, family and social relationships.
- Over a million people every year access information, support and counselling from Relate but it's clear many more would benefit from Relate services.
- Relate's couple counselling work delivers an estimated £11.40 of benefits for every £1 spent.
- Relate's services extend beyond relationship counselling to family counselling, counselling for young people, sex therapy and informal courses and workshops and are offered through a network of around 1,700 counsellors across the country.
- Relate Cambridge celebrated its 70th birthday in 2015.
- For more information and advice visit: www.relate.org.uk.