

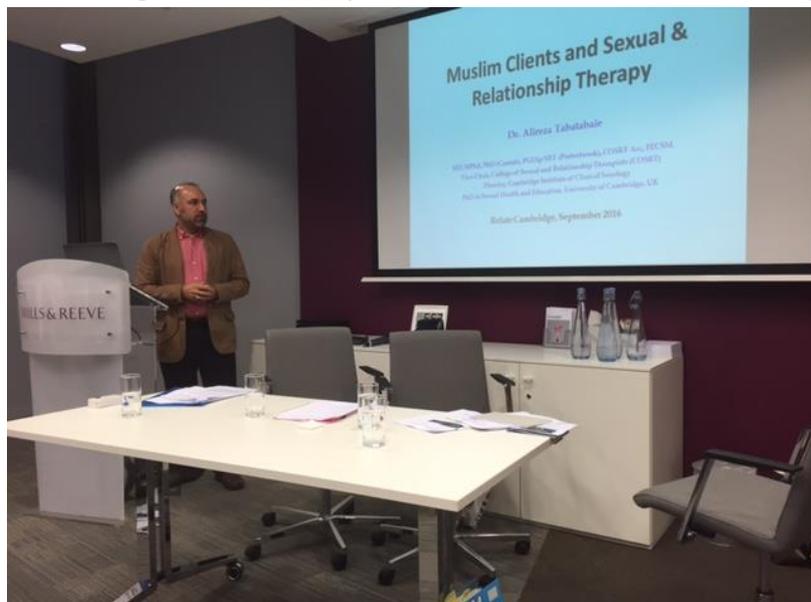
CLAIRE NUNES, CENTRE DIRECTOR SAYS, 'RELATE CAMBRIDGE HAS SEEN A GROWING DEMAND FOR OUR SERVICES' AT THEIR 71st AGM

Relate Cambridge held its 71st AGM on Wednesday 28th September.

Claire Nunes, Centre Director of Relate Cambridge, said: 'I am thrilled to be reporting on an excellent year, where we have increased our capacity and now offer 186 hours of counselling per week, from Brooklands Avenue in Cambridge and the 11 outposts across the county. On average we deliver over 500 sessions per month, and saw nearly 2,200 people last year.

Claire went on to describe future developments, saying 'I am delighted that we will be extending our territory in November to serve the residents of the Fenland District. We have also begun to plan another new service, which we are going to launch next year. This service is an extension to our current psychosexual therapy and intended to support the growing number of clients who now struggle with Sexual addiction'. Plans also include opening another evening venue in the city at the CAB, and the launch of an exciting and stimulating CPD programme.

The Guest Speaker was *Dr. Alireza Tabatabaie* who gave a fascinating and informative talk about sexuality and Muslim clients. Ali joined Relate Cambridge in 2015. He is Vice Chair of the College of Sexual and Relationship Therapists, and Director of the Cambridge Institute of Clinical Sexology. In 2012 Ali was awarded the prestigious title of 'Fellow of European Committee of Sexual Medicine (FECSM)'. Ali has recently completed a PhD at the University of Cambridge, researching educational aspects of sexual health and wellbeing.



ENDS

For all media enquiries contact Elaine Taylor on 01302 347712

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www.relatecambridge.org.uk

Relate Cambridge – supporting relationships at every stage of your life

Notes to editors:

- Relate is a registered charity number 207314
- Relate champions the importance of strong and healthy relationships as the basis of a thriving society.
- Relationships are under increasing pressure – breakdown costs the UK an estimated £48bn each year.
- Relate provides impartial and non-judgmental support for people of all ages, at all stages of couple, family and social relationships.
- Over a million people every year access information, support and counselling from Relate but it is clear many more would benefit from Relate services.
- Relate's couple counselling work delivers an estimated £11.40 of benefits for every £1 spent.
- Relate's services extend beyond relationship counselling to family counselling, counselling for young people, sex therapy and informal courses and workshops and are offered through a network of around 1,700 counsellors across the country.
- Relate Cambridge celebrated its 70th birthday in 2015.
- For more information and advice visit: www.relate.org.uk.