

News Release

RELATE CAMBRIDGE WINS BIG LOTTERY FUNDING

Relate Cambridge is delighted to announce that it has won Big Lottery funding. The **Big Lottery Fund** was formally established by Parliament on 1 December 2006 and is responsible for giving out 40% of the money raised for good causes by the National Lottery.

The Fund is committed to bringing real improvements to communities and the lives of people most in need and has been rolling out grants to health, education, environment and charitable causes across the UK. Since its inception has awarded close to £6bn.

The conditions of the funding state that this will take the form of free counselling for children aged 5 – 18 whose parents and/or guardians are having counselling with Relate. Written parental consent will be gained and the child must agree to counselling. There will also be a funded session with the parents in the first instance.

Sufficient funding has been granted for 182 sessions, so 18 children could access a block of 10 sessions (including parental ones as mentioned above).

Claire Nunes, Centre Director at Relate Cambridge said 'the impact on children when parents are struggling to manage their relationships cannot be underestimated, and I am delighted to be able to offer this package to help the whole family'. Claire went on to say 'we recently conducted a survey amongst our clients and 53% said they felt their children would benefit from support. For families who can't afford to pay for counseling, it is great to be able to offer this service'.

Relate Cambridge offers information, advice and counselling for all stages of relationships, including helping families to build and maintain strong relationships. Visit www.relatecambridge.org.uk for more information, or call 01223 357424.

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For all media enquiries contact Elaine Taylor on **01302 347712**

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Relate Cambridge – supporting relationships at every stage of your life

Notes to editors:

- Relate champions the importance of strong and healthy relationships as the basis of a thriving society.
- Personal and social relationships are important in our everyday lives and are central to our wellbeing.
- Relationships are under increasing pressure - breakdown costs the UK economy £46 billion each year according to the Relationships Foundation.
- Over a million people every year access information, support and counselling from Relate but it's clear many more would benefit from Relate services.
- Relate's services extend beyond relationship counselling to family counselling, counselling for young people, sex therapy and informal courses and workshops and are offered through a network of 1,700 counsellors across the country.
- Relate Cambridge celebrates its 70th birthday this year.
- For more information and advice visit: www.relate.org.uk.