



Relate Cambridge is emphasizing their focus on training, as it appoints their third ambassador, Dr Bev Morris

Relate Cambridge is delighted to announce the appointment of their third ambassador, Dr Bev Morris. Bev joins Susan Quilliam and Kay Blayney, who both became ambassadors at the end of last year.

Claire Nunes, Director of Relate Cambridge said “I am delighted to welcome Bev to our growing team of ambassadors. We plan to work together to develop the training we offer, and Bev’s vast industry experience will prove invaluable”.

Bev is Managing Director of Marvellous Minds Ltd and leads successful consultancy and training teams working in the private, public and voluntary sectors. Her focus is working with people to establish effective relationships, at work and home, using creative and challenging techniques that suit the specific needs of each individual. Bev has been working with Relate to deliver CPD opportunities to both professionals and volunteers.

Previously, Bev was a College Vice Principal and before that she worked in Whitehall, writing policy and briefing ministers. It was during this time that she trained as a Sexual Harassment Counsellor to work with public sector staff. Working with clients, such as the British Antarctic Survey, Westminster Kingsway College, the British Military and KPMG, Bev has successfully combined the principles of coaching and counselling. These models have been applied successfully during counselling skills training for military medics to tackle PTSD.

Currently, Bev is studying for a Creative Writing MA, and has completed Mindfulness for Peak Performance through the University of Monash.

Bev said: “Working with Relate has been a breath of fresh air. The commitment and enthusiasm that the team has for their clients and for developing their own skills is energising and infectious. The most exciting thing is realising how Relate work with everyone; we all have relationships, at work and in life, that are difficult at times and the Relate team are there to support people through all of those relationships.”

Relate Cambridge offers information, advice and counselling for all stages of relationships, including helping families to build and maintain strong relationships. Support is offered (free in some cases) to children (5-10 years) and young people (11-17 years) who are adversely affected by traumatic life circumstances, including family change or breakdown, loss or bereavement.

Any family can also come to Relate for help. It doesn’t matter what their size or how they are made up. Relate Cambridge can help families understand and cope better with the stresses and strains of family life and get you all talking again. Call us on 01223 357424 or visit www.relatecambridge.org.uk for more information.

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For all media enquiries contact Elaine Taylor on 01302 347712

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www.relatecambridge.org.uk

Relate Cambridge – supporting relationships at every stage of your life

Notes to editors:

- Relate is a registered charity number 207314
- Relate champions the importance of strong and healthy relationships as the basis of a thriving society.
- Relationships are under increasing pressure – breakdown costs the UK an estimated £48bn each year.
- Relate provides impartial and non-judgmental support for people of all ages, at all stages of couple, family and social relationships.
- Over a million people every year access information, support and counselling from Relate but its clear many more would benefit from Relate services.
- Relate's couple counselling work delivers an estimated £11.40 of benefits for every £1 spent.
- Relate's services extend beyond relationship counselling to family counselling, counselling for young people, sex therapy and informal courses and workshops and are offered through a network of around 1,700 counsellors across the country.
- Relate Cambridge celebrated its 70th birthday in 2015.
- For more information and advice visit: www.relate.org.uk.